



# DUCK SOUP

Official Newsletter of the Ardsley Curling Club  
[www.ardsleycurling.com](http://www.ardsleycurling.com)



Another Cool Duck 5U Bonspiel is in the books! This year's event featured 24 teams, oodles of raffle baskets, and a duck on the roof. Big thanks to the volunteers who made this a great success.

- |                       |                           |
|-----------------------|---------------------------|
| <b>A Event winner</b> | Team Holme Nutmeg         |
| <b>runner up</b>      | Bellefontaine Potomac     |
| <b>B Event winner</b> | je ne sais quack Hartford |
| <b>runner up</b>      | Mantia Ardsley/Plainfield |
| <b>C Event winner</b> | Team Duck Tape            |
|                       | Diamond State             |
| <b>runner up</b>      | Fabian Jersey Pinelands   |
| <b>D Event winner</b> | Bucks on the Pond         |
|                       | Bucks County/Finger Lakes |
| <b>runner up</b>      | Team Zalycki Rochester    |



Mallard Power: Jonathan Leung,  
 Holly Halmo, Miles Luo, and Astrid Mel





## Upcoming Events

Want more curling over the holidays? Why not sign up for the holiday skins games on Dec 26. email Steve: [hess@legalimages.com](mailto:hess@legalimages.com)

And we still need many volunteers for open houses and several private events at the end of December. Contact [events@ardsleycurling.com](mailto:events@ardsleycurling.com)

The Archie Bruce, our annual friendly with Cape Cod will be at the Cape this January 13-14. Registration will be on the ACC website beginning Dec 24.



Nancy Clancy with the Burlington Rockettes at the 2020 Empire State.

### Save the Date:

Skins Game: Dec 26

Open Houses: Dec 27 & 28

Archie Bruce: Jan 13-14

Empire State: Jan 18-21

Vaccination Clinic: Jan 20



Ardsley team at the 1998 Empire State: Jean Murphy, Sarah Murphy, Alice Yeh, and Pauline Davies

The Empire State Bonspiel, which rotates between Ardsley, Schenectady, Utica, and Rochester, will once again be hosted by Ardsley this year January 18-21.

There may still be room for a couple more teams to register. Donations for raffle baskets are welcome. And USCA will host a vaccination clinic during the event. Time to get your flu and covid shots if you've procrastinated.





## Duck of the Month

**Southern Pochard**  
(*Netta erythrophthalma*)

These diving ducks are solitary nesters with a sedentary lifestyle. They are sociable and gregarious thus love broomstacking after a curling game.

## Harvest Bacon

Tim Klein butchered the competition (and his team mates) at this year's Harvest Bonspiel. Six degrees of Kevin Bacon was the theme in Philly, November 16-19.

## Ross Tarlton



Tim Klein, Erin Durba, Matt & Sharon Gallegos

Heinz Gruettner, Mike Horowitz, Jonathan Leung, and Mike Knaggs travelled to Niagara Falls Canada to play in the Ross Tarlton held Nov 9-11, 2023



# Ardsley Triumphs in back-to-back Friendlies



## Bucket

## Nutty Duck

On November 19 Ardsley sent 12 curlers to the Nutmeg friendly to try and take back the Nutty Duck plaque. The format was a morning session, lunch break, followed by an afternoon session. Ardsley built a substantial lead during the morning games. After socializing during lunch, Ardsley picked up where they left off and dominated the afternoon session as well. We are happy to report that the Nutty Duck plaque is back at Ardsley for the first time in a few years.

The Bucket friendly with Plainfield was held at Ardsley on Dec 16. It was good to see new curlers, including juniors, participating. The morning session did not go well for the home team as Plainfield opened with a commanding 25 point lead. After lunch, Ardsley made their move winning all three games and squeaked out a victory by just 2 3/4 points to take the Bucket Trophy.







## Norfolk Calder

Tim Klein (Skip), Tom Vespo (Vice), Joe Sablow (Second), and Bryant Massey (Lead – from Norfolk) went to Norfolk to play for the Calder Trophy on the first weekend in December.

After winning their first two games they played a team from Schenectady skipped by a former Ardsley member, Gert Messing, and came up short. Team Klein settled for the D runners up.



## Maine-iac

Matt and Sharon Gallegos, Nick Beaton, and Kelly Bishop became the new guardians of Larry-the-Lobster with a win at this year's Maine-iac.



Our own Vinay Goenka doing some serious sweeping for Team India!



# Mindfulness

-- *by Aanya Goenka*

In the stillness of the mind,  
A peacefulness you'll find.  
Thoughts come and go like the tide,  
But in mindfulness, you can abide.

Observe your thoughts without judgment,  
And let them pass without resentment.  
Be kind to yourself and others,  
And treat all with respect and love.

Take a breath and let it out,  
Feel the tension easing out.  
Be present in the moment,  
And let your worries be dormant.

In mindfulness, you'll find a way,  
To live in the present day.  
With a calm and clear mind,  
You'll always be one of a kind.

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